Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice.

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
5.30am – 6am	6	8	6	8	8	CLOSED	CLOSED
6am – 7am	2	2	2	3	2	CLOSED	CLOSED
7am – 8am	3	4	2	5	2	4	8
8am – 9am	8	8	8	8	8	2	7
9am – 10am	7	8	8	8	8	2	7
10am – 11am	6	6	8	6	8	5	7
11am – 12pm	6	6	7	6	8	7	7
12pm – 1pm	7	7	7	6	7	7	7
1pm – 2pm	7	8	8	6	7	8	7
2pm – 3pm	6	6	8	6	8	3	8
3pm – 4pm*	8	8	7	8	8	3	6
4pm – 5pm	2	4	3	4	CLOSED	8	6
5pm – 6pm	2	2	3	2	CLOSED	8	8
6pm – 7pm	2	2	2	2	CLOSED	8	8
7pm – 8pm	2	5	2	5	7	CLOSED	CLOSED
8pm – 9pm	CLOSED						

50m Pool 23/06/25 - 29/06/25

*Lap lanes will be changed at approx. 3.45pm in preparation for programming